

On the Horizon

Mission

Our mission is to develop and provide living environments that enable the developmentally disabled individual to live life to the fullest. We strive to provide health and safety, habilitation services, a transportation program, and recreational activities that instill a sense of self- worth and inclusion which will enrich their quality of life.

Donna Merrill
Executive Director
Rodney L. Sutton, Sr.
Editor/Publisher

Contributors
Dave Millard



The series of five DODD CMS Transition Plan Committee public forums is now completed. At each forum, members of the Committee discussed the new regulations, and shared an overview of DODD's portion of the state's transition plan, as well as how to provide public comments. If you were not able to attend a meeting in person, you may wish to download the [presentation](#) and [handout](#) and watch a video of the Columbus Forum. More information about changes to Ohio's developmental disabilities system – including the new CMS rule, and how to provide comments on the state's CMS Transition Plan – is available online at DODD.Ohio.Gov/OurFuture. Please also continue to read *Pipeline* for updated information.

As the Ohio Department of Developmental Disabilities moves forward with its transition plan there will be many changes which will affect county boards as well as community agencies. It behooves those of us who work in the field to be ever vigilant and informed of these changes. I have listed below information and events to help keep you posted.

The Ohio Developmental Disabilities Council (ODDC) is a planning and advocacy body committed to community inclusion for people with developmental disabilities. ODDC is funded under the Developmental Disabilities Assistance and Bill of Rights Act, Public Law 106-402. ODDC is a partner within the [Ohio DD Network](#).

New publication: Ohio's Employment First Initiative launched in March 2012. Read DD Council's latest publication that highlights several individuals with developmental disabilities who have benefitted from this initiative. The publication, [Employment First Initiative: Community Employment](#), is available online and in hard-copy versions.

Registration for the 2015 DD Awareness and Advocacy Day Event is now open. The event will take place on Tuesday, March 3, 2015 at the Ohio Statehouse. Registration is required to attend. Space is limited, so register now: [2015 Developmental Disabilities Awareness & Advocacy Day](#)

Latest Outreach newsletter now available: Download the December 2014 edition of [DD Council's Outreach e-Diversity News](#) publication. Articles include information about Ohio's Ebola Preparedness plan, bridging the employment gap for students with disabilities, inclusive leadership, employing people with intellectual disabilities, and more.

CHRISTMAS

Christmas is a very special time of year, and for individuals with developmental disabilities it is no less special, therefore, many of the special events and fundraisers which Horizons, Inc. sponsors throughout the year is to generate funds to purchase gifts and cover the cost of our Annual Christmas Party. With one hundred (100) individuals to shop and plan for this annual event requires prior planning and support from individuals and the business community. We extend a heartfelt thanks to all who gave their support in time, talent, and money. Without you Christmas would not be possible for those individuals we serve.



Tom Ditch retires after five decades with Ida Sue School

On January 6, 2015 the Daily-Record of Wooster highlighted the story of Tom Ditch's retirement from the Ida Sue School after five decades. Before starting at Ida Sue School on September 3, 1963 Tom attended school in a variety of locations, first at The College of Wooster Nursery School for preschool and at the former North Elementary in Rittman when he was in kindergarten, then a special education program in Sterling, followed by two schools in Barberton and even a stint at the Dalton VFW Hall. Tom's sister, Joan, informed the Daily-Record that in the 50's special education

programs were not prevalent. Therefore, it was not until Tom was 16 that he became a part of the second wave of students to enter Ida Sue School, which opened in 1962. In 1968 Tom moved to the workshop.

Joan recalls that the workshop started small and got bigger and bigger, until the effort to integrate special education students into public schools began. Joan worked there a couple of summers during college as a supervisor and also drove a bus for Ida Sue School. Tom recalls doing contract work for Rubbermaid as being "especially nice to do".



Tom Ditch and his sister, Joan Cooper of Wooster, pose with Tom's plaque honoring his 51-year association with Ida Sue School and Nick Amster Workshop. Tom retired from the workshop in December, but continues to be employed by Walmart in Wadsworth.

The workshop itself occupied several locations and Tom worked in many of them. He and six others worked at the workshop's former Creative Gifts outlet – where ceramics made by clients were sold – first located on the downtown square in Wooster and then relocated near the fairgrounds. One of Tom's fondest memories of his years with the workshop was participation in its former Special Olympics in which he competed in track and field, softball throw and bowling; although he regrets not making it to the state Olympic competition in 1983.

Nine years ago Tom began working as a Walmart greeter at the Wadsworth Walmart and he reduced the days which he attended the workshop to one. Joan says, Walmart has been good to Tom, very accommodating; and because he is a talker the job is perfect for him. Tom says he had a job coach when he first began, and he enjoys his job.

Five decades of association with Ida Sue School/Nick Amster Workshop is very commendable, thus Tom's plaque reads: **"Words cannot express our gratitude for your contribution, kindness and the wisdom you brought to our daily lives for more than 51 years. Best wishes."**

ANNIVERSARIES

Whether it is five, ten, fifteen, or twenty years of service these are milestones which should be celebrated, so when you see the following individuals commend them for their dedication and service to Horizons, Inc. and the individuals which we serve.

5 years

- Norma Poorman
3/11/10
- Chelsea Guthrie
3/29/10
- Terry St. George
4/5/10
- Amber West
4/14/10
- Andrew Serafine
4/16/10

10 Years

- Tim Corpman
3/30/05



February - April BIRTHDAYS

**HAPPY BIRTHDAY
TO ALL CELEBRANTS**

February

- 2 Olivia Legg
Wendy McMorow
- 3 Jo Mutschelknaus
Terry Pippin
- 4 Randy Conway
Connie Emery
- 5 Jean Evans
- 7 Kasondra Chaney
- 13 Brenda Hinkel
Ashley Metzcar
- 14 Diane Dray
- 16 Julie Hardesty
Alicia Mulkey
- 17 Sheila McCluney
- 19 James Garbrandt
LuAnna Gilmore
Craig Mackey
- 20 Shawn Cummings
- 21 Michael Maloy
- 22 Georgia Hairston
- 23 Robert McConahay
- 24 Jannette Devine
- 25 Angel Bennett
- 26 Daniel Jenkins
- 27 Lois Millard

March

- 1 James Diano
- 3 Maxine Eberhart
Michael Reifenschneider
- 7 Sarah Forney
- 16 Tracey DeMattio
Shirley Inman
- 18 Leanna Shepherd
- 21 Christopher Kalp
- 23 Bobbi Chio
- 24 Samantha Hetrick
- 25 David Layfield
Jessica McCullough
Albert Trolio
- 29 Twila Ronevich
- 30 Lena Canfield
- 31 Tredella Floyd
Lora Ledford
Jennifer Vaughn
Crystal Young

April

- 3 Kathryn Kitchen
- 4 Danielle Shaver
- 5 George Leeper
- 6 Carol Ferguson
- 9 Cassandra Holmes
- 10 Angela Maloy
- 12 Joseph Ginnetti
Lynn Van Ostenbridge
- 15 Arthur Conn
- 16 Amy Keene
- 17 Roger Grimmett
- 23 Ginger Conrad
- 27 Catherine Mcintee
- 30 Elaine Newman



HYPOTHERMIA

Complete the following 9 sentences by filling in the blanks with the missing word(s). Then find the missing words, which are hidden in the word search. (Words are spelled forward, backward, and diagonally.)



1. Prolonged **_ x _ _ _ _ r _** to the cold may cause someone's **_ _ d _** temperature to drop below 95°F, resulting in the **_ a _ _ _ r _ _ _** condition called hypothermia (meaning low **_ _ a _**).
2. Hypothermia can lead to **_ _ a _ _** damage and even **_ _ _ _ t _**.
3. Those at greatest risk include infants (especially when premature or ill), the elderly, people who are **_ n _ _ _ _ c _ _ _ d**, and those who suffer from heart disease or **m a _ n _ _ _ i _ _ o _**.
4. Some of the **_ _ _ p _ _ m _** of hypothermia include: **d r _ _ s _ _ e _ _**, irritability, **u _ _ t _ _ d _** gait, slurring speech, confusion, **_ h _ v _ r _ _ _**, stiff **_ _ s _ _ e _**, red **_ _ i _** and loss of **_ _ _ s _ _ _ _ s _ e _ _**. Call for **_ _ _ i _ a _** help if you suspect a person is suffering from hypothermia.
5. Hypothermia can occur in **_ _ _ p _ _ _ _ _ _ e _** as high as 60°F on wet and **_ _ n _ _** days.
6. One simple way to **_ _ _ v _ n _** hypothermia by wearing the proper **_ _ o _ _ _ n _** to help you stay warm and **_ _ _ _**.

H	Q	L	A	C	I	D	E	M	S	S	M	O	M	I
D	A	N	G	E	R	O	U	S	M	A	G	D	U	S
W	M	T	C	V	A	Y	E	O	L	N	P	E	S	S
W	I	N	T	E	R	N	T	N	I	A	J	Y	C	E
E	L	N	C	D	I	P	U	H	R	T	H	D	L	N
T	K	O	D	S	M	T	T	W	L	T	A	A	E	S
Z	L	K	W	Y	R	O	H	E	A	D	F	E	S	U
D	I	O	S	I	L	P	R	E	V	E	N	T	H	O
C	R	Y	T	C	S	U	D	U	N	I	K	S	A	I
D	P	I	D	N	S	H	I	V	E	R	I	N	G	C
M	O	O	I	O	L	O	H	O	C	L	A	U	A	S
N	O	A	P	R	B	L	A	N	K	E	T	E	L	N
F	R	X	C	O	M	P	L	A	I	N	T	S	E	O
B	E	S	E	R	U	T	A	R	E	P	M	E	T	C
C	O	L	K	I	N	T	O	X	I	C	A	T	E	D

7. Be sure that an elderly person has adequate **_ o _ _**, clothing, and heat during the **_ i _ _ _ r**. Take **c _ _ p _ a** **_ _ _ s** about the **_ _ _ d** seriously.
8. Take the victim into a warm room, if possible. Remove any **_ e _** clothing and **_ r _ p** him or her in blankets, coats, or other coverings. However, do not use an electric **_ _ a _** **_ _ _**. Make sure the **_ e _ _** is covered with a **_ a _** or other dry clothing.
9. Give a conscious victim warm liquids, such as **_ _ a**, coffee, broth, or warmed **_ i _ _**. Do not give **_ _ c _ _ o _**.

FROSTBITE

Warning Signs:

- ❖ The affected part feels cold and hard, with an aching pain.
- ❖ The skin becomes white or grayish in those with fair complexions and a lighter shade than normal in those with dark complexions.
- ❖ The area becomes numb.

Actions To Take:

- ❖ Get the victim indoors.
- ❖ Remove any clothing and jewelry from the affected area.
- ❖ Warm the frostbitten part with your own skin—for example, have the victim put his foot under your armpit. You can also blow on the area, but do not rub it, and do not put snow or anything else on it.

Caution: If there is any chance of further damage from the cold, leave the affected area alone, except for skin-to-skin warming. It is dangerous to “thaw” an area temporarily only to have it refreeze. Do not let the victim walk if his feet are frostbitten.

- ❖ Immersing the frostbitten area in a basin of lukewarm water may be helpful if the frostbite is superficial, but use this technique only if the skin is still soft and pliable, and be sure the water is not hot (105°F to 110°F is best). Do not use other heat sources, such as a campfire; the frostbitten part may burn before the victim’s feeling has returned.
- ❖ When skin color returns, wrap loose cloths around the area and then cover the cloths with a blanket or sleeping bag.
- ❖ Have the victim move his fingers and toes to help restore circulation. Place sterile gauze or a cloth between the digits to keep them separated.
- ❖ Raise the affected part above the heart.
- ❖ The area may develop blood-filled blisters as it thaws. Do not break them or put anything on them.

Seek medical attention as soon as possible for all frostbite cases, as they are often more severe than they seem. Immediate care is especially important if numbness remains or if there is obvious tissue damage.

Word search list: 1. exposure, body, dangerous, heat; 2. brain, death; 3. intoxicated, malnutrition; 4. symptoms, drowsiness, unsteady, shivering, muscles, skin, consciousness, medical; 5. temperatures, windy; 6. prevent, clothing, dry; 7. food, winter, complaints, cold; 8. wet, wrap, blanket, head, hat; 9. tea, milk, alcohol

**HORIZONS, INC. INVITES YOU TO OUR LENTEN FISH FRY
220 W. 4th Street. Dover, Ohio**



Every Friday, February 20th thru March 27th. 11am to 5pm
To Pre-Order call 330-364-5415 or email rdnysutton@gmail.com

Meal choices are Talapia or Whiting Fish with Fries or Baked Potato and Cole Slaw at a cost of \$7.00. **All monies will help someone with Developmental Disabilities.**

Delivery available in Dover & New Philadelphia.



Family Advisory Council's Statewide Engagement Plans

The DODD Family Advisory Council digs in to a full agenda on February 10 at Columbus Developmental Center, 10:00 a.m. - 3:00 p.m., including a review of the Strategic Planning Leadership Group (SPLG) Final Report, prepared in late December, and an interactive afternoon session to explore ways to build a broader Family Network across the state.



Administration Spotlights Human Trafficking Awareness

DODD joins its state agency partners in educating all Ohio citizens, including individuals with developmental disabilities and their families, about the realities of human trafficking - the illegal trade of people for commercial sexual exploitation or forced labor. Recommendations to combat human trafficking in Ohio include creating a greater awareness of the vulnerabilities that perpetrators prey on, so they can perpetuate their inhumane business.



Multi-Location Training: Behavior Support Strategies Rule

DODD and the Ohio Alliance of Direct Support Professionals (OADSP) are partnering to offer both in-person and online training that promotes better understanding of the new Behavior Support Strategies rule (5123:2-2-06), which was effective January 1. Online registration for the in-person training now is available, and is scheduled for several locations across the state.

DODD Redesigns Website: Launches in Late February



As a part of DODD's mission to improve the quality of life for Ohio's citizens with developmental disabilities, we strive to improve the technology that makes information about our services as accessible as possible. We have conducted surveys to gather feedback on our current website at www.dodd.ohio.gov and thank those who have contributed their thoughts about the site's usability. Survey responses laid the foundation for a more user-friendly website to launch in late February.

Pipeline Pix and PostScripts



Pipeline Pix celebrates Giant Eagle's recognition last week by DODD state agency partner Opportunities for Ohioans with Disabilities (OOD), for providing quality employment opportunities for individuals with disabilities. The Champion of Opportunity Award was presented by OOD Executive Director Kevin Miller at the Hilliard store location.

In PostScripts, we share information about DD Awareness and Advocacy Day March 3, several upcoming training opportunities and workshops, and the newest edition of *Well-Informed* newsletter.

Director of Health Services

Theresa Mark was born and raised in Youngstown, Ohio. Her maiden name is Popovich, and she graduated from Austin Fitch High School in 1976. She then went to Youngstown State University and St. Elizabeth's Hospital School of Nursing where she graduated in 1981. As a LPN she worked in nursing homes, hospitals, and doctors' offices from 1981 to 1991. She has resided in Kansas, Landstuhl, Germany, and Ohio. While in Germany she worked as a civilian nurse at LARMC for the United States Army for three years.



Theresa Mark, RN

Upon returning to Ohio in 1985 Theresa met her husband, Andy Mark; who lived in the house behind her mother in Austintown. They moved to Pittsburgh, Pa. in 1988 and were married in August of 1990. While in Pittsburgh she worked at St. Francis Medical Center where she attended nursing school, and graduated in 1991. Working on the cardiac surgical stepdown unit and in the CVSICU until moving to Illinois in 1994. Her first child, Andy Jr. was born in 1995. In 1996 she lived in Indiana briefly before returning to Ohio and living in Hanoverton until 1998 when they moved to McKeesport, Pa. before finally settling in Bolivar in 2002. Son, Joshua was born in September of 2000.

Currently celebrating 34 years as a nurse, Theresa has worked in many hospitals, nursing homes, doctors' offices, and hospice care. In September 2010 she went to the Bolivar homes, and in October of the same year she attended the train-the-trainer class at the Cuyahoga County Board of Developmental Disabilities and has been teaching for Horizons ever since. In 2013 she became the Director of Health Services after the retirement of Beth Johnson who preceded her. Theresa's duties include teaching classes in Medical Administration, insulin, and G-tube. She also does delegated nursing at Avenues of Adventure, and nurse consulting and DN at Miller Avenue, Twin City, and Bolivar Group Homes as well as Wayne and Jefferson Counties. She is also responsible for the vaccination program at the Dover Office.

Theresa says: "One of the things I find rewarding about Horizons is seeing our individuals have the opportunity to live productive lives, and receiving hugs of unconditional love every day. Horizons is a great organization to work for and I hope I can stay here for many years to come."



HORIZONS, INC

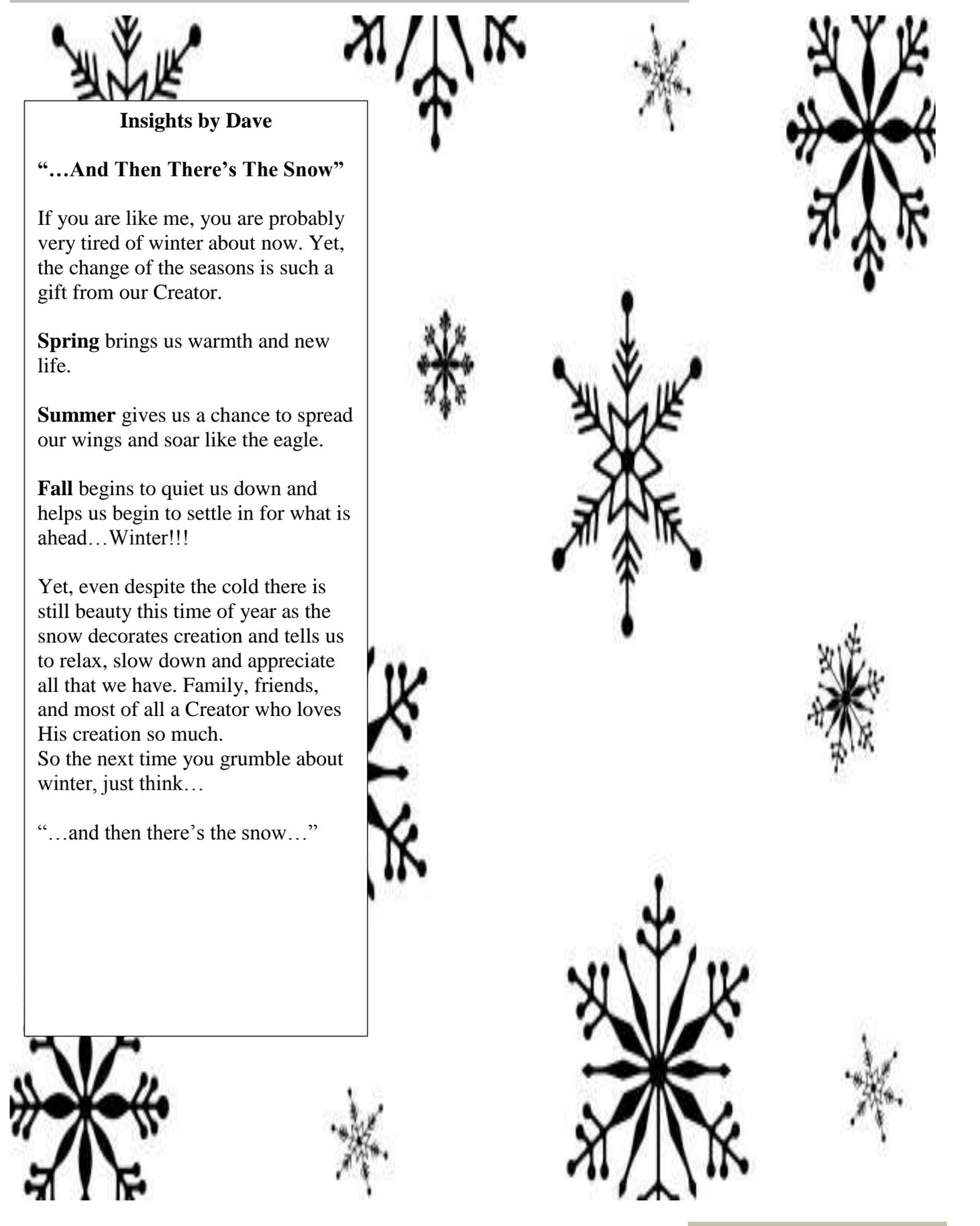
AVENUES OF ADVENTURE



LIGHTED EASTER WREATH

Individuals with Developmental Disabilities are just as artistic and creative as the rest of us. Those individuals who attend our Adult Day Services Program would like to share their talents with you. Stop by our offices and purchase a hand crafted gift.



The page is decorated with various black snowflake patterns of different sizes and designs, scattered across the background. Some are simple six-pointed stars, while others are more complex, resembling stylized trees or intricate geometric shapes.

Insights by Dave

“...And Then There’s The Snow”

If you are like me, you are probably very tired of winter about now. Yet, the change of the seasons is such a gift from our Creator.

Spring brings us warmth and new life.

Summer gives us a chance to spread our wings and soar like the eagle.

Fall begins to quiet us down and helps us begin to settle in for what is ahead... Winter!!!

Yet, even despite the cold there is still beauty this time of year as the snow decorates creation and tells us to relax, slow down and appreciate all that we have. Family, friends, and most of all a Creator who loves His creation so much.

So the next time you grumble about winter, just think...

“...and then there’s the snow...”



UPCOMING EVENTS/DATES TO REMEMBER

(February)

- 14th Valentine’s Day**
- 16th Presidents’ Day – (Office Closed)**
- 18th Ash Wednesday**
- 20th, 27th Fish Fry at Horizons’ Office (11am – 5pm)**

(March)

- DD Awareness Month**
- 5th Walnut Creek Cheese Fundraiser**
- 8th Daylight Savings Time**
- 17th St. Patrick’s Day**
- 29th Palm Sunday**
- 6th, 13th, 20th, 27th Fish Fry at Horizons’ Office (11am – 5pm)**

(April)

- 3rd Good Friday (Office Closed)**
- 5th Easter**

Be sure to visit our new website. Jobseekers/Volunteers can apply online.

Main Office

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Fax: (330) 364-4359

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Wayne County Office

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